

**Application for 200 Hour Yoga Teacher Training
Appleton, WI**

How to submit your application: Please print and complete this form, save a completed copy, and send to:

Attn: Lauren Quella

Grace Under Fire Yoga, LLC

201 S. Riverheath Way, Suite 1200

Appleton, WI 54915

Early application is highly recommended.

A non-refundable \$100 application fee must be sent via form of check made to
Grace Under Fire Yoga.

Personal Information:

Name: _____

Mailing Address: _____

Website/Social Accounts (optional): _____

Email address you check regularly: _____

Mobile phone: _____

Home phone: _____

~The following information will help us to get to know you and guide your training~

Your Educational Background (Include institutions, degrees, and attendance/graduation years):

Professional Background and Current Employment:

Yoga Educational Background for Yoga Teachers:

Are you registered with Yoga Alliance: Yes ___ No ___ If yes, please specify the designation: (ex: RYT-200) _____

How did you learn about this training?

Please complete any of the following sections that are applicable to your yoga educational background and experience:

School Program/ Name	Dates Attended	Number of Hours	Yoga Alliance Registered
			Yes ___ No ___
			Yes ___ No ___
			Yes ___ No ___
			Yes ___ No ___

Did you receive Yoga Teacher Training before Yoga Alliance registration of training programs? Yes ___ No ___

Yoga Practice & Teaching Experience

When did you start practicing yoga? What type of classes do you take? Have you had a consistent practice over the last year?

If applicable, how long have you been teaching yoga? What type(s) of classes do you teach? How many classes do you teach a week?

What are your yoga interests and goals? What do you hope to obtain from participating in the yoga teacher training? Are you interested in becoming a yoga teacher or are you choosing the training to enhance your yoga practice, or both!?
